

# St. Vincent de Paul - Breakfast Menu

Breakfast is available every morning, 7:00 - 7:30am

## Whole Grain Cereal Options:

Lucky Charms  
Honey Nut Cheerios  
Trix  
Cocoa Puffs  
Banana Muffin  
Chocolate Muffin  
Cinni-Minis



## Fruit Options:

Peach Fruit Cup  
Mixed Fruit Cup  
Mandarin Orange Fruit Cup  
Pineapple Tidbit Fruit Cup  
Fresh Fruit of the Day  
(apple, orange or banana)



## Beverages and Yogurt:

Chocolate Milk  
1% White Milk  
Strawberry Yogurt

Students must choose at least three items.  
One must be a fresh fruit, fruit cup, or juice box!

*USDA is an equal opportunity provider, employer, and lender!*